

# Morning Prayer On Facebook online 10am Thursdays



(March 2025 edition)

Welcome to Morning Prayer streamed online at 10am, Thursday mornings, on Facebook

I hope you find these services helpful. If you have any queries or suggestions please email the office, office@twinspires.org.uk marking your email for the attention of Marion.

I begin the service streaming at 9.50am with a 10 minute time for everybody to get online and say good morning.

It would be really helpful if you could give some indication that you are there – a like or a comment, or an email to the office

In this booklet, words that I would like you to join me in saying are in **Bold**. Words in "normal" script are what I will be saying (approximately). Words in *italics* are information so that you know what is going on or what is about to be said.

It may be that 10am on a Thursday is not convenient for you. I leave the service there until I do the next one so that you may join us at any time.

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Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you and also with you.



This is the day that the Lord has made. Let us rejoice and be glad in it.

## Welcome and Notices

To start our worship this morning let's say together:

We have come together in the name of Christ to offer God praise and thanksgiving, to hear and receive God's holy word, to pray for the needs of the world, and to seek God's forgiveness of our sins, that by the power of the Holy Spirit we may give ourselves to the service of God.

# **Confession**

We now come to our time of confession when we say sorry to God for all those things that we have said, thought or done recently that we should not have done, and also for those things that we should have done and did not do.

A pause for us to think about those things

We say together:

Almighty God, we confess that we have sinned against you in thought, word and deed. We have not loved you with all our heart; we have not loved our neighbours as ourselves. Have mercy upon us; cleanse us from our sins, and help us to overcome our faults, in Jesus' name. Amen.

May God, who loved the world so much that he sent his Son yo be our Saviour, forgive us our sins and make us holy to serve him in the world, through Jesus Christ our Lord.

#### Amen.

Pause for reflection on the great mercy we receive from God

In preparation for our reading, we say together:

### Almighty God,

we thank you for the gift of your holy word. May it be a lantern to our feet, a light to our paths, and a strength to our lives. Take us and use us to love and serve in the power of the Holy Spirit and in the name of your Son, Jesus Christ our Lord. Amen. There will then follow the reading for the day

At the end of the reading we say

This is the word of the Lord. Thanks be to God.



There then follows a <u>reflection</u> on the reading. If you would like to write one of these then do ask (usual email) what readings are coming up and you will be sent a list for you to consider.

It is good to remind ourselves of what it is that we believe. We do this by reciting a creed, or statement of belief. So please join me in saying <u>The Apostles' Creed</u> together:

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead.

On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.



We now come to our <u>time of prayer</u>. These short prayers will usually include something arising from the reading and the reflection upon it and then some prayers about things happening in the world today.

These prayers are followed by praying from the "Prayer Bowl". This is a bowl containing slips of paper, each with a name on it. Marion and her husband use these to pray for the various people each day. On a Thursday morning we pray for just one of them, or people in a similar situation to them.



After each prayer we use the following response:

Lord, in your mercy, hear our prayer.

We follow this with the <u>Prayer of the Month</u>. This is usually one written by Daphne Kitching of Parish Pump and may be found on the church website and in the parish magazine so that you may all join in. And at the end:

## Merciful Father, accept these prayers for the sake of your Son, our Saviour Jesus Christ.

The <u>Collect</u> is said. This is usually the Alternative Collect for the preceding Sunday.

<u>The Lord's Prayer</u> Gathering our prayers and praises into one, let us pray with confidence as our Saviour has taught us:

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven.

Give us today our daily bread.

Forgive us our sins as we forgive those who sin against us.

Lead us not into temptation but deliver us from evil.

For the kingdom, the power, and the glory are yours now and for ever. Amen.

# **Conclusion**

As we come to the end of our service this morning, let us say the concluding prayer together:

Almighty and everlasting Father, thank you that you have brought us safely to this day. Keep us from falling into sin or running into danger, order us in all our doings and guide us to do always what is righteous in your sight; through Jesus Christ our Lord. Amen.

Shall we again say the Grace to each other, keeping in mind all those we have been praying for this morning.

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. Amen.

Thank you for joining me in this service. Next week we will be looking at: ...

A final thought for the week ...

Let us go in peace to love and serve the Lord. In the name of Christ. Amen.