

Time Prayer

Father,

We are all so busy. We rush here and there, trying to meet deadlines, trying to fit more and more into our already full days. So often we seem to run out of energy and time. Sometimes we wonder what it's all about.

Help us, Lord to recognise that we *have* time. You have given us every day of our lives. Help us to choose wisely how we use our life time. Help us to spend time with you first; to learn your ways; to encounter the living Jesus in the Bible and in prayer. And everything else will fall into place. In Jesus' name, Amen.

By Daphne Kitching